



Bhimthadi Education Society's
Late K.G. Kataria College, Daund.
Tal-Daund, Dist-Pune -413801
(Id No.PU/PN/SC/140/1999)



kgkatariacollege@rediffmail.com

www.kgked.in

Certificate Course In Yoga 2022-2023



Prof. Vikas S. Shelar

Director

Physical Education and Sports

Late K. G. Kataria College Daund, Dist- Pune

Date 10/03/2023

Principal,

Late K. G. Kataria College Daund, Dist- Pune

Subject: Regarding getting permission for the subject course: Course in Yoga certificate

Dear Sir,

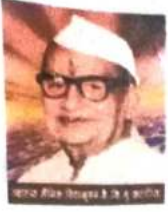
In accordance with the above subject, I request to know the request for permission to start the Certificate Course in Yoga certificate course in your college for permission should be obtained for a period of 40 hours

Yours faithfully

Permission granted
5/10/23

(Prof. VIKAS S.SHELAR)


Coordinator
IQAC
Late. K.G.Kataria College Daund,
Tal.Daund,Dist-Pune.



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Dr. SamudraSubhasha
(I/C Principal) Mob-9890243602

O.No: -kgkcd/ 2023/24
Date: / /

To,

Prof. Vikas S. Shelar
Director
Physical Education and Sports
Late K. G. Kataria College Daund, Dist- Pune

Subject: Permission is being given for Yoga Certificate Course

Sir,

On the above subjects you are informed that permission is being given to start Yoga Certificate Course in our colleges Permission is being granted from your application

Coordinator
IQAC

Late. K.G.Kataria College Daund,
Tal Daund Dist.Pune.



Principal ,

Late K. G. Kataria College Daund, Dist- Pune

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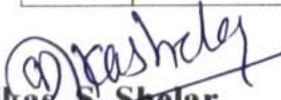
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DEPARTMENT OF PHYSICAL EDUCATION AND SPORTS

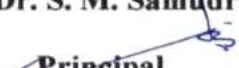
Student Enrollment for

Result of Certificate Course in CERTIFICATE COURSE IN OF YOGA
Year: 2022-23

Sr.No	Name of Students	Class
1.	SANGALE SNEHA	F.Y.B.sc.
2.	CHAVADI DISHA	F.Y.B.sc.
3.	SONAWANE NANDINI	F.Y.B.sc.
4.	SHINDE SONALI	F.Y.B.sc.
5.	JOGALEKAR KOMAL	F.Y.B.sc.
6.	CHAVAN MANISHA	S.Y.B.sc.
7.	SHAKAT SAKSHI	S.Y.B.sc.
8.	SAYYED ABADULA	F.Y.B.sc.
9.	SHAIKH SHAHID	F.Y.B.sc.
10.	CHAVAN TANISH	F.Y.B.A.
11.	GUJAR ADITYA	F.Y.B.COM
12.	TAMBOLI AMMAR	F.Y.B.sc.
13.	SAYYED ABUTALHA	F.Y.B.sc.
14.	SHAIKH ESHA	F.Y.B.sc.
15.	PINJARI MOHAMAD	F.Y.B.sc.(C.S.)
16.	SHAIKH SHHID	F.Y.B.sc.
17.	BHALERAO KARAN	F.Y.B.sc.
18.	SHAIKH NADIM	F.Y.B.sc.
19.	LAVANDE HRUSHIKESH	F.Y.B.sc.
20.	CHAVAN TANISH	F.Y.B.sc.
21.	GUJAL ADITYA	F.Y.B.A.


Dr. Vikas S. Shelar
 Coordinator



Dr. S. M. Samudra

 Principal

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 Tal-Daund, Dist-Pune-413801.

**DEPARTMENT OF PHYSICAL EDUCATION AND SPORTS****Result of Certificate Course in Certificate Course in Yoga****Year: 2022-23**

(Note: Total Mark : 50 Grade point: O =41-50, A =36-40, B = 31-35, C = 26-30, D = 20-25, , F= below 20)

Sr.No.	Name of Students	Theory 25 Mark	Practical 25 Mark	Total 50 Mark	Grade
1.	SANGALE SNEHA	15	20	35	A
2.	CHAVADI DISHA	16	18	34	A
3.	SONAWANE NANDINI	17	19	36	A
4.	SHINDE SONALI	12	18	30	A
5.	JOGALEKAR KOMAL	14	17	31	A
6.	CHAVAN MANISHA	13	16	29	A
7.	SHAKAT SAKSHI	18	18	36	A
8.	SAYYED ABADULA	19	20	39	A
9.	SHAIKH SHAHID	20	21	41	A
10.	CHAVAN TANISH	15	19	34	A
11.	GUJAR ADITYA	16	14	30	A
12.	TAMBOLI AMMAR	13	16	29	A
13.	SAYYED ABUTALHA	15	18	33	A
14.	SHAIKH ESHA	14	19	33	A
15.	PINJARI MOHAMAD	16	21	37	A
16.	SHAIKH SHHID	16	17	33	B
17.	BHALERAO KARAN	13	18	31	B
18.	SHAIKH NADIM	12	16	28	A
19.	LAVANDE HRUSHIKESH	16	18	34	B
20.	CHAVAN TANISH	14	17	31	B
21.	GUJAL ADITYA	18	14	32	B
22.					
23.					
24.					

Dr. Vikas Shelar

Coordinator

**Dr. S. M. Samudra**

Principal

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COURSE SYLLABUS

Year : 2022-23

Certificate Course in Yoga

Title of the Program: **Certificate Course in Yoga**

1. General Objectives of the Course:

1. To enable student to become competent and committed professionals willing to perform as Yoga trainer.
2. To make student to use competencies and skills needed for becoming an effective Yoga trainer
3. To enable student to understand the types of the types of Yoga
4. To acquaint student with the practical knowledge of Yogasana, Kriyas, Bandhas, Mudras, Yogic Therapy and Pranayama
5. To enable student to top repare the Yoga programme

2. Duration of the Course:

The duration of the course shall be of six weeks. (130 contact hours) Each working day shall consist of Three hours of Practical Work (Morning and Evening – one and half hours each session) and one hour of theory in between.

4. Eligibility for Admission:

Any Candidate who has passed XII std. or any other equivalent examination will be eligible for the admission to the Certificate Course in Yoga Course. Provided other conditions of admissions are fulfilled.

5. Medium of Instruction and Examination:

- a) Medium of Instruction at the Certificate Course in Yoga Course will be Marathi and/or English and question papers shall be set in Marathi & English.
- b) The candidate appearing for the Certificate Course in Yoga Course Examination will have the option of answering all papers either in English or in Marathi in Part-I (Theory). This option can be exercised paper wise and not section wise or question wise.



[Signature]

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5. Structure of Diploma in Yoga Course Programme:

Diploma for Fitness Instructor Course Programme shall be of 200 marks as follows:

Area	Part	Head	Marks
Theory	I	Internal Assessment	
		Total	100
Practical (Internal Assessment)	II	Internal Assessment	100
		Total	100
		Overall Total	200

Eligibility for appearing at Certificate Course in Yoga examination:

Student teachers should keep the terms with at least 75% attendance .He/she should complete all the practical and other work expected in all parts of the syllabus.

Examination:

Theory

An annual examination will be held at the end of the year which shall be called "Annual Examination". This examination will be of 80 marks and of three hours duration for each theory course.

Final Practice Lesson

There shall be final practical lesson conducted at the end of the second term.

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Standard of passing:

1. A student has to obtain minimum 40% of marks in each theory paper & 50% of marks in aggregate i.e. Part-I examination.
2. A student has to obtain 50% of marks in practical examination separately i.e. Part-II.
3. A student has to obtain 50% aggregate marks together in Part-I & Part-II

Award of class

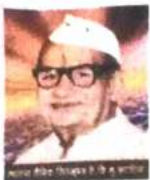
Class will be awarded to the students at the end of the course on the basis of aggregate marks obtained by him/her in each part separately

Sr. No.	Class	Part I	Part II
1	First Class with Distinction	70% & above	70% & above
2	First Class	60% & above But less than 70%	60% & above But less than 70%
3	Higher Second Class	55% & above but less than 60%	55% & above but less than 60%
4	Second Class	50% & above but less than 55%	50% & above but less than 55%
5	Pass Class	45% & above But less than 50%	45% & above But less than 50%

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Syllabus

The course consists of Theory, Practical, Teaching methods and practical training on teaching. The Theory paper is of 100 Marks.

- Yogic Therapy Through Traditional Understanding
 1. Asanas
 2. Pranayama
 3. Kriyas
 4. Bandhas and Mudras
 5. Yogic Therapy
- The oretical understand in gof yoga and Modern Psychology
- Mental Health (its meaning, determinants and applications)The Yogic concept of "Swasthya"
- Concept and models of Normality in Yoga and Modern Psychology
- Role of Ashtang Ashtang Yoga Yamas,Niyamas,Asana,Pranayama and Dhyana, Dharana, Pratyahar
- Stress Management :Modern and Yogic perspectives
- Tacklingill- effects of Frustration, Anxiety and Conflict through modern and Yogic methods
- Meditation Techniques
- Suryanamaskar
- Meaning and Scope of Teaching Methods
- Sources of Teaching Methods
- Class Management

ANATOMY AND PHYSIOLOGY OF YOGIC PRACTICES

- Introduction to Human Body and systems in brief with special reference to Respiratory, Digestive, Muscular and Nervous systems.
- Postural Physiology with reference to Asana.
- Asana- Definition and Classification, Similarities and dissimilarities between Asanaand Exercise.
- Pranayama- Definition and Classification. Difference between pranayama and deep breathing. Importance of Rechaka, Kumbhaka, Puraka.
- Introduction to Kriyas, Mudras and Band has in brief.

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Practical Training in Yoga

PRACTICALS:

A. ASANAS:

- | | |
|--|---------------------------|
| 1. Shrishasana | 32. Janushriasana |
| 2. Crocodile Practices (Four variations) | 33. Tolangulasana |
| 3. Pavanmuktasana | 34. Muktasana |
| 4. Naukasana | 35. Virasana |
| 5. Viparitakarani | 36. Guptasana |
| 6. Sarvangasana | 37. Sankatasana |
| 7. Matsyasana | 38. Uttanamandukasana |
| 8. Halasana | 39. Vrishabhasana |
| 9. Karnapidasana | 40. Padangusthasana |
| 10. Bhujangasana | 41. Garbhasana |
| 11. Shalabhasana | 42. Bhadrasana |
| 12. Sarpasana | 43. Kapotasana |
| 13. Dhanurasana | 44. Ekpadasakandhasana |
| 14. Vakrasana | 45. Chakrasana (Sideward) |
| 15. Ardha-Matsyendrasana | 46. Chakrasana (Backward) |
| 16. Paschimatanasana | 47. Virkshasana |
| 17. Supta Vajrasanai | 48. Tadasana |
| 18. Yoga Mudra | 49. Pada-hastasana |
| 19. Simhasana | 50. Utkatasana |
| 20. Gomukhasana | 51. Natarajasana |
| 21. Matsyendrasana | 52. Vatayanasana |
| 22. Mayurasana | 53. Garudasana |
| 23. Kukkutasana | 54. Shirh-padangusthasana |
| 24. Uttana Kurmasana | 55. Vajrasana |
| 25. Ushtrasana | 56. Padmasana |
| 26. Gorakshasana | 57. Siddhasana |
| 27. Padma-Bakasana | 58. Swastikasana |
| 28. Baddha-padmasana | 59. Shavasana |
| 29. Akarmadhanurasana | 60. Makarasana |
| 30. Ugrasana | 61. Brahmamudra |
| 31. Parvatasana | |

B. PRANAYAMA

1. Anuloma-viloma
2. Ujjayi
3. Shitali
4. Sitkar

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- 8.Chandrabhedana
- 9.Murccha(Theoryonly)
- 10.Plavini(Theory only)

C. BANDHASANDMUDRAS

- 1.JalandharaBandha
- 2.UddiyanaBandha
- 3.JichaBandha
- 4.MulaBandha

D. KRIYAS

- 1.Jala Neti
- 2.Sutra Neti
- 3.Dhauti(Vamana,Danda,Vastra)
- 4.Nauli
- 5.Kapalabhati
- 7.Trataka

**Coordinator
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Dr. Samudra Subhasha O.No: -kgkcd/ 2022/23
Principal) Mob-9890243602

Date: / /

Department of Physical Education & Sport's

Report On the Certificate Course in Yoga-2023

The Department of Physical Education and Sports organized 'CERTIFICATE COURSE IN OF YOGA' from 17April -2023 to 13 May -2023, (Monday to Friday) in the college premises for college students and staff members.

The duration of the course was 40 hours spread over a period of one month. Physical Classes were conducted five days per week from 7:30 am to 9:00 am each day.

Course Fee: For Students Free

For Staff Free

There were 28 students member

At the end of the course, practical and theory exam. Those who had secured minimum 90% attendance were eligible for appearing in the practical examination. Certificates were awarded to the 28 candidates who had cleared the practical examination.

Photograph:

Yoga Certificate Course Inauguration Program organized by Sports Department was inaugurated on 17th March 2023 at 5 PM



Coordinator
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Date: / /

Photograph: 17th April-2023 to 13th May-2023



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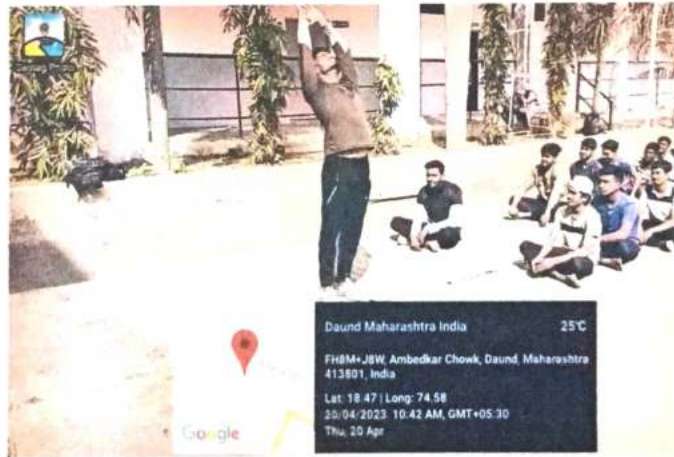
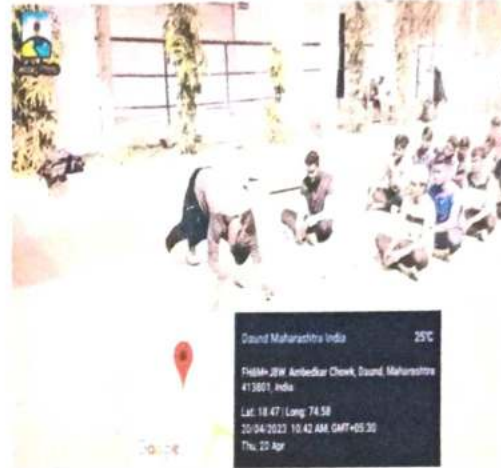
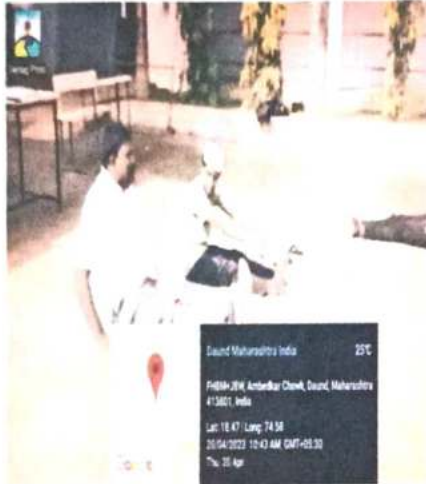
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Date: / /

Practical exam



Practical exam : 11th May 2023 to 12th May 2023

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Date: / /

Course Description: Theory & Asanas

➤ Standing Posture	Tadasana, Padahasthasana, Katichakrasana, Trikonasana, Utkatasana, Hanumanasana and Trikonasana
➤ Sitting Posture	Dandasana, Padmasana, Vajrasana, Shashankasana, Ushtrasana, Paschimottanasana, Ardhamatsyendrasana, Suptavajrasana, and Yoga mudra.
➤ Supine Posture	Shavasana, Sarvangasana, Halasana, KarnaPeedasana, Chakrasana, and Pawanmuktasana.
➤ Prone Posture	Makarasana, Bhujangasana, Shalabhasana, Dhanurasana, Naukasana,
➤ Balancing Postures	Vrikshasana, Natarajasana, Ashvasthanasana, utkatasana (in variation),
➤ Pranayama	Anulom-vilom, Suryabhedh, Ujjayi, Bhrameri, Shetali, Sheetkari
➤ Others	Suryanamaskar & Niti (Jal & Sutra)


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Date: / /

Report on Certificate Course in Yoga	
Date 17 th April -2023 to 12 th May -2023	Venue : K.G.Kataria College Daund,Pune
Time : 4.00 p.m. to 5.00.p.m.	Faculty in charge – Dr. Vikas Shelar
About the Programme:.	
Faculty In charge – Dr.Vikas S. Shelar	
Venue: Late. K.G.Kataria College Daund,Pune	
Certificate Program on Yoga - organized by, Late. K.G.Kataria College Daund,Pune the programme was open for all general public; Lecture and Demonstration Practical session was organized. To inform on the importance of YOGA during the this certificate course in Yoga was organized.	
The sessions were conducted by Dr.Vikas S. Shelar Director , Physical Education and Sports , , Late. K.G.Kataria College Daund,Pune	
Programme:	
Late. K.G.Kataria College Daund,Pune conducted Lecture and Demonstration Practical session to Certification. Sessions were conducted from June 17 th April -2023 to 12 th May -2023 Each of the sessions was led by Dr.Vikas S. Shelar	

Certification:

On the concluding 20th day of the programme Graduation certificates were handed to participants in the valedictory sessions attended

Dr. Vikas Shelar
Faculty in charge



Principal,
Late K.G. Kataria College Daund,Pune
Shrimad Education Society's
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DEPARTMENT OF PHYSICAL EDUCATION AND SPORTS

Result of Certificate course in Yoga

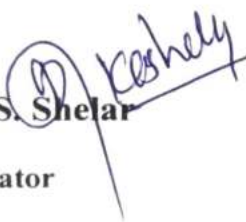
Year: 2022-23

Sr.No.	Name of Students	Class	Signature
1.	Chavadi Disha	P4Bcs	<i>[Signature]</i>
2.	Shaikh Esha	P4Bcs	<i>[Signature]</i>
3.	Sangle Sneha	P4Bcs	<i>[Signature]</i>
4.	Sonawane Nandini	P4Bcs	<i>[Signature]</i>
5.	Shinde Sonali	P4Bcs	<i>[Signature]</i>
6.	Tojelekar Komal	P4Bsc	<i>[Signature]</i>
7.	Chavan Manisha	S4Bse	<i>[Signature]</i>
8.	Shakat Sakshi	S4Bsc.	<i>[Signature]</i>
9.	Faiz Shaikh	TyBsc	<i>[Signature]</i>
10.	Rohit Kadam	TyBcs	<i>[Signature]</i>
11.	Shahid Shaikh	TyBsc	<i>[Signature]</i>
12.	Tushar Gul	TyBsc	<i>[Signature]</i>
13.	Tamboli Ammao	T.Y.Bsc	<i>[Signature]</i>
14.	Sadafule Sonali	S.Y.Bsc	<i>[Signature]</i>
15.	Shahid Shaikh	F.Y.B.A.	<i>[Signature]</i>
16.	Nadim Shaikh	F.Y.B.A.	<i>[Signature]</i>
17.	Karan Bhalerao	F.Y.B.A.	<i>[Signature]</i>
18.	Murshikesh Lavande	F.Y.B.A.	<i>[Signature]</i>

[Signature]
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19.	Mohamad Pinjari	MP	MP
20.	chavan Tanish	MP	MP
21.	Sayed Abdullahi	Abt	Abt
22.	Aditya Gursia	Ad	Ad
23.	Nadim Shaikh	Shadim	Shadim
24.			
25.			
26.			
27.			
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29.			
30.			


Dr. V. S. Shelar
Coordinator


Dr. S. M. Samudra
Principal
Late K.G. Kataria College, Daund
Tal-Daund, Dist. Pune-413804


Coordinator
IQAC
Late. K.G.Kataria College Daund,
Tal.Daund,Dist-Pune.



Bhimthadi Education Society's
Late K.G. KATARIA COLLEGE, DAUND
 Tal-Daund, Dist-Pune -413801
 (Science, Arts and Commerce College)

Yoga Certificate Course
 Year-2022-23

Sr. No.	Name of the Student	Class	02/05	03/05	04/05	06/05	08/05	09/05	11/05	12/05	13/05
1.	Sangle Sneha	PYBCS	Sangle Sneha	Sangle Sneha	Sangle Sneha	Sangle Sneha	Sangle Sneha	Sangle Sneha	Sangle Sneha	Sangle Sneha	Sangle Sneha
2.	Chawadi Disha	PYBCS	Sangle Sneha	Sangle Sneha	Sangle Sneha	Sangle Sneha	Sangle Sneha	Sangle Sneha	Sangle Sneha	Sangle Sneha	Sangle Sneha
3.	Shaikh Gsha	PYBCS	Sangle Sneha	Sangle Sneha	Sangle Sneha	Sangle Sneha	Sangle Sneha	Sangle Sneha	Sangle Sneha	Sangle Sneha	Sangle Sneha
4.	Sonawane Nandini	PYBCS	Sangle Sneha	Sangle Sneha	Sangle Sneha	Sangle Sneha	Sangle Sneha	Sangle Sneha	Sangle Sneha	Sangle Sneha	Sangle Sneha
5.	Shinde Sonali	PYBCS	Sonali	Sonali	Sonali	Sonali	Sonali	Sonali	Sonali	Sonali	Sonali
6.	Komal Jogdekar	PYBSC	Komal Jogdekar	Komal Jogdekar	Komal Jogdekar	Komal Jogdekar	Komal Jogdekar	Komal Jogdekar	Komal Jogdekar	Komal Jogdekar	Komal Jogdekar
7.	Chavan Manisha	BYBSC	Manisha	Manisha	Manisha	Manisha	Manisha	Manisha	Manisha	Manisha	Manisha
8.	Shakar sakshi	SYBSC	Sakshi	Sakshi	Sakshi	Sakshi	Sakshi	Sakshi	Sakshi	Sakshi	Sakshi
9.	Smyyed Abutalha	BSC	Abutalha	Abutalha	Abutalha	Abutalha	Abutalha	Abutalha	Abutalha	Abutalha	Abutalha
10.	shahid shai'ch	F.Y. B.A.	shai'ch	shai'ch	shai'ch	shai'ch	shai'ch	shai'ch	shai'ch	shai'ch	shai'ch
11.	chavan Tanish	F.Y. B.A.	Tanish	Tanish	Tanish	Tanish	Tanish	Tanish	Tanish	Tanish	Tanish
12.	Po'iyer Gurja	F.Y. B.A.	Gurja	Gurja	Gurja	Gurja	Gurja	Gurja	Gurja	Gurja	Gurja

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 Late K.G. Kataria College, Daund

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Coordinator
IQAC

Late. K.G.Kataria College Daund,
Tal Daund Dist-Pune.



Prashant

THE PRINCIPAL

Chimthadi Education Society's
Late. K. G. Khararia College, Daund
Tal-Daund, Dist.Pune-41380*



Bhimthadi Education Society's
Late K.G. KATARIA COLLEGE, DAUND
Tal-Daund, Dist-Pune -413801
(Science, Arts and Commerce College)

Year-2022-23

Yoga Certificate Course

Sr. No.	Name of the Student	Class	17/04	18/04	19/04	20/04	24/04	25/04	26/04	28/04	29/04
1.	Sangle Sneha	PYBCS	Sangle Sneha	Sangle Sneha	Sangle Sneha	Sangle Sneha	Sangle Sneha	Sangle Sneha	Sangle Sneha	Sangle Sneha	Sangle Sneha
2.	Chavadi Disha	PYBCS	Chavadi Disha	Chavadi Disha	Chavadi Disha	Chavadi Disha	Chavadi Disha	Chavadi Disha	Chavadi Disha	Chavadi Disha	Chavadi Disha
3.	Shinde Sonali	PYBCS	Shinde Sonali	Shinde Sonali	Shinde Sonali	Shinde Sonali	Shinde Sonali	Shinde Sonali	Shinde Sonali	Shinde Sonali	Shinde Sonali
4.	Sonawane Nandini	PYBCS	Sonawane Nandini	Sonawane Nandini	Sonawane Nandini	Sonawane Nandini	Sonawane Nandini	Sonawane Nandini	Sonawane Nandini	Sonawane Nandini	Sonawane Nandini
5.	Shaikh Gsha	PYBCS	Shaikh Gsha	Shaikh Gsha	Shaikh Gsha	Shaikh Gsha	Shaikh Gsha	Shaikh Gsha	Shaikh Gsha	Shaikh Gsha	Shaikh Gsha
6.	Jogelekar Komal	PYBCS	Jogelekar Komal	Jogelekar Komal	Jogelekar Komal	Jogelekar Komal	Jogelekar Komal	Jogelekar Komal	Jogelekar Komal	Jogelekar Komal	Jogelekar Komal
7.	Chavan Manisha	SYBSC	Chavan Manisha	Chavan Manisha	Chavan Manisha	Chavan Manisha	Chavan Manisha	Chavan Manisha	Chavan Manisha	Chavan Manisha	Chavan Manisha
8.	Shakot Sakshi	SYBSC	Shakot Sakshi	Shakot Sakshi	Shakot Sakshi	Shakot Sakshi	Shakot Sakshi	Shakot Sakshi	Shakot Sakshi	Shakot Sakshi	Shakot Sakshi
9.	Mohamad Pinjar	FYBCS	Mohamad Pinjar	Mohamad Pinjar	Mohamad Pinjar	Mohamad Pinjar	Mohamad Pinjar	Mohamad Pinjar	Mohamad Pinjar	Mohamad Pinjar	Mohamad Pinjar
10.	Sayyed Abutalib	FYBCS	Sayyed Abutalib	Sayyed Abutalib	Sayyed Abutalib	Sayyed Abutalib	Sayyed Abutalib	Sayyed Abutalib	Sayyed Abutalib	Sayyed Abutalib	Sayyed Abutalib
11.	Shahid Ashaikh	FY.BA	Shahid Ashaikh	Shahid Ashaikh	Shahid Ashaikh	Shahid Ashaikh	Shahid Ashaikh	Shahid Ashaikh	Shahid Ashaikh	Shahid Ashaikh	Shahid Ashaikh
12.	Karan Bhale	FY.BA	Karan Bhale	Karan Bhale	Karan Bhale	Karan Bhale	Karan Bhale	Karan Bhale	Karan Bhale	Karan Bhale	Karan Bhale

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13.	Sadafule Sahil	SYBSC										
14.	Tamboli Ammar	F.Y. B.A.										
15.	Sayyed Abudulha	BSC										
16.	Mohamad Pinjari	Bcs										
17.	chavan Tanish	FYBA										
18.	Aditya Gauri	F.Y. B.A.										
19.	Shubid Shukh	F.Y. B.A.										
20.	Karan Bhalariao	F.Y. B.A.										
21.	Nadim Shaikh	F.Y. B.A.										
22.	Hushikesh Lavande	F.Y. B.A.										
23.												
24.												
25.												
26.												
27.												
28.												

Coordinator
IQAC

Late. K.G. Kataria College Daund,
Tal. Daund, Dist. Pune.



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K.G. Kataria College, Daund
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Bhimthadi Education Society's

Late K.G.KATARIA COLLEGE, DAUND

Tal-Daund , Dist-Pune -413801

(Id No.PU/PN/SC/140/1999)

(Science, Arts and Commerce College)



Yoga Certificate Course

This is to certify that **Miss. Sangale Sneha** of F. Y. B. Sc. has successfully completed
"Yoga Certificate Course" during the Academic Year 2022-2023 in the grade A. He
completed 40 Course hours .




Coordinator


Head of Department


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Bhimthadi Education Society's
Late. **K.G. Kataria** College, Daund,
Tal-Daund, Dist-Pune-413801.